

# U.S. COAST GUARD



## 2024 SCHEDULE OF FIELD EVENTS

### JUMPING EVENTS

Alexander Durley Stadium, Texas Southern University

#### FRIDAY, MARCH 15

Time	Event	Division
9:30 AM	Long Jump	High School Girls
	Long Jump	High School Boys
9:30 AM	Pole Vault	High School Girls
11:30 AM	Pole Vault	High School Boys
1:30 PM	High Jump	UC/O Men
	Long Jump	UC/O Women
	Long Jump	UC/O Men
3:30 PM	High Jump	UC/O Women

#### SATURDAY, MARCH 16

Time	Event	Division
9:00 AM	Triple Jump	UC/O Women
	Triple Jump	UC/O Men
9:30 AM	Pole Vault	UC/O Women
11:00 AM	High Jump	High School Boys
11:30 AM	Pole Vault	UC/O Men
1:00 PM	Triple Jump	High School Girls
	Triple Jump	High School Boys
2:00 PM	High Jump	High School Girls

### THROWING EVENTS

Alexander Durley Stadium Auxiliary Field, Texas Southern University

#### FRIDAY, MARCH 15

Time	Event	Division
9:00 AM	Javelin	UC/O Men
9:00 AM	Shot Put	UC/O Women
11:30 AM	Javelin	UC/O Women
	Shot Put	UC/O Men
1:30 PM	Discus	UC/O Women
3:30 PM	Discus	UC/O Men

#### SATURDAY, MARCH 16

Time	Event	Division
9:00 AM	*Discus	High School Boys
9:00 AM	*Shot Put	High School Girls
11:30 AM	*Discus	High School Girls
	*Shot Put	High School Boys
1:30 PM	Hammer	UC/O Women
3:30 AM	Hammer	UC/O Men

\* Limit of two (2) high school athletes per field event

\* Limit to four (4) throws per athlete

# U.S. COAST GUARD



## 2024 SCHEDULE OF RUNNING EVENTS

FRIDAY, MARCH 15

Time	Event	Division		
1:30 PM	400 Meters	HS	Girls	Prelim
	400 Meters	HS	Boys	Prelim
	100 Meters (8 advance)	HS	Girls	Prelim
	100 Meters (8 advance)	HS	Boys	Prelim
	300 Meter Hurdles (heats against time)	HS	Girls	Final
	300 Meter Hurdles (heats against time)	HS	Boys	Final
	1,600 Meters (8 advance)	HS	Girls	Prelim
	1,600 Meters (8 advance)	HS	Boys	Prelim
	4x200 Meter Relay (8 advance)	HS	Girls	Prelim
	4x200 Meter Relay (8 advance)	HS	Boys	Prelim
	Sprint Medley Relay	HS	Girls	Final
	Sprint Medley Relay	HS	Boys	Final
	4x400-Meter Relay (8 advance)	HS	Girls	Prelim
	4x400-Meter Relay (8 advance)	HS	Boys	Prelim

UC-University/College

O-Open

HS-High School

MS-Middle School



## 2024 SCHEDULE OF RUNNING EVENTS

### SATURDAY, MARCH 16

Time	Event	Division		
8:00 AM	5,000 Meters	UC/O	Women	Final
	5,000 Meters	UC/O	Men	Final
8:50 AM	3,200 Meters	HS	Girls	Final
	3,200 Meters	HS	Boys	Final
	100 Meter Hurdles (8 advance)	HS	Girls	Prelim
	110 Meter Hurdles (8 advance)	HS	Boys	Prelim
10:20 AM	4x100-Meter Relay (8 advance)	HS	Girls	Prelim
	4x100-Meter Relay (8 advance)	HS	Boys	Prelim
	200 Meters (heats against time)	HS	Girls	Final
	200 Meters (heats against time)	HS	Boys	Final
	200 Meters (heats against time)	O	Women	Final
	200 Meters (heats against time)	UC	Women	Final
	200 Meters (heats against time)	O	Men	Final
	200 Meters (heats against time)	UC	Men	Final
	800 Meters (heats against time)	UC/O	Women	Final
	800 Meters (heats against time)	HS	Girls	Final
	800 Meters (heats against time)	UC/O	Men	Final
	800 Meters (heats against time)	HS	Boys	Final
1:35 PM	4x200-Meter Relay	MS	Girls	Final
	4x200-Meter Relay	MS	Boys	Final
	4x200-Meter Relay	UC	Women	Final
	4x200-Meter Relay	HS	Girls	Final
	4x200-Meter Relay	UC	Men	Final
	4x200-Meter Relay	HS	Boys	Final

### 3:00 PM **OPENING CEREMONIES**

UC-University/College    O-Open    HS-High School    MS-Middle School



## 2024 SCHEDULE OF RUNNING EVENTS

SATURDAY, MARCH 16

Time	Event	Division		
3:30 PM	4x100-Meter Relay	MS	Girls	Final
	4x100-Meter Relay	MS	Boys	Final
	4x100-Meter Relay (heats against time	UC	Women	Final
	4x100-Meter Relay	HS	Girls	Final
	4x100-Meter Relay (heats against time	UC	Men	Final
	4x100-Meter Relay	HS	Boys	Final
	4x100-Meter Relay	HS	Boys	Final
	400 Meters Invtl.	Open	Women	Final
	400 Meters	UC	Women	Final
	400 Meters	HS	Girls	Final
	400 Meters Invtl.	Open	Men	Final
	400 Meters	UC	Men	Final
	400 Meters	HS	Boys	Final
	100 Meter Hurdles Invtl.	Open	Women	Final
	100 Meter Hurdles	UC	Women	Final
	100 Meter Hurdles	HS	Girls	Final
	110 Meter Hurdles Invtl.	Open	Men	Final
	110 Meter Hurdles	UC	Men	Final
	110 Meter Hurdles	HS	Boys	Final
	100 Meters Inv.	Open	Women	Final
	100 Meters	UC	Women	Final
	100 Meters	HS	Girls	Final
	100 Meters Inv.	Open	Men	Final
	100 Meters	U/C	Men	Final
	100 Meters	HS	Boys	Final
	400 Meter Hurdles (heats against time	UC/O	Women	Final
	400 Meter Hurdles (heats against time	UC/O	Men	Final
	1,500 Meters (heats against time)	UC/O	Women	Final
	1,500 Meters (heats against time)	UC/O	Men	Final
	1,600 Meters	HS	Girls	Final
	1,600 Meters	HS	Boys	Final
	4x400-Mixed Meter Relay	Open	Women & Mer	Final
	4x400-Meter Relay (heats against time	UC	Women	Final
	4x400-Meter Relay	HS	Girls	Final
	4x400-Meter Relay (heats against time	UC	Men	Final
	4x400-Meter Relay	HS	Boys	Final

UC-University/College    O-Open    HS-High School    MS-Middle School